



United and Disciplined  
Alumni Association Network

# Empowering Students Through Ability Enhancing Courses in Social Service, Education, Health & Sports



**Social  
Service**



**Education**



**Health**



**Sports**  
(Karate & Self  
Defence)

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# Social Services Courses

## Learn. Serve. Lead.

Choose Your Path, Build Your Impact

### 40 Hour Certified Training



#### ENVIRONMENTAL PROTECTION



**Objective:** Develop environmentally responsible citizens and active volunteers for sustainability.

- Part A:** Theory (10 Hours)
- Part B:** Tree Plantation Drive (10 Hours)
- Part C:** Cleanliness Campaign – Uttness Campaign – Swachhta (10 Hours)
- Part D:** Plastic-Free Campaign (10 Hours)



#### PUBLIC AWARENESS (40 HOURS)

**Objective:** Build confident communicators who can educate society.

- Part A:** Communication Skills (8 Hours)
- Part B:** Road Safety Awareness (10 Hours)
- Part C:** Cyber Safety (8 Hours)
- Part D:** Mental Health – “It’s Okay to Talk” (7 Hours)
- Part E:** Rights & Duties (7 Hours)



#### WOMEN & CHILD SAFETY (40 HOURS)

**Objective:** Create responsible volunteers for safety, protection, and support.

- Part A:** Child Protection (10 Hours)
- Part B:** Women Safety (10 Hours)
- Part C:** Safe Public Spaces (10 Hours)
- Part D:** Support System (10 Hours)



#### COMMUNITY SERVICE WORK (40 HOURS)

**Objective:** Develop disciplined, service-oriented field volunteers.

- Part A:** Traffic Management (12 Hours)
- Part B:** Public Events Support (8 Hours)
- Part C:** Crowd Control (10 Hours)
- Part D:** Government Volunteering (10 Hours)

Building Responsible Citizen For a Safer Tomorrow



## HEALTH AWARENESS (40 HOURS)

Objective: To create awareness about health, hygiene, nutrition, and disease prevention, and enable participants to promote healthy practices in the community.



## EDUCATION & LITERACY (40 HOURS)

Objective: To develop teaching skills and promote basic literacy, education awareness, and social responsibility in communities.



## KARATE & SELF-DEFENCE (40 HOURS)

Objective: To build physical fitness, discipline, confidence, and self-defence skills for personal safety and real-life situations.





# United and Disciplined Alumni Association Network(UDAAN)



## ABOUT UDAAN

UDAAN is a youth-driven initiative built on discipline, leadership, and nation-building, connecting volunteers to serve society through structured social service and awareness programs.



## EXPERIENCE & WORK

- 10+ Years of Experience
- Work with District Administration
- Collaboration with Police & Traffic Departments
- Engagement with State & Central Government
- Strong network of trained volunteers



## IMPACT ON STUDENTS

- Builds confidence & leadership
- Improves communication & teamwork
- Provides real-life practical exposure
- Develops discipline & responsibility
- Supports career growth



## VISION

To create responsible, skilled, and service-oriented youth contributing towards nation building.

**Service to society is the foundation of true leadership**